

Idaho is one of four (4) states providing Title X Family Planning services within Region X. The other states are Alaska, Oregon and Washington.

Family Planning originated as a result of the 1970 enactment of Title X Public Health Services Act providing family planning and related reproductive health care services for underinsured, uninsured. The Title X grant deliverables are administered through state health departments using federal grants administered by the Idaho Family Planning, STD and HIV Programs, Bureau of Clinical and Preventive Services.

The program utilizes specially trained health care personnel to provide individualized care and counseling, using FDA approved contraceptive methods and supplies, medical exams including pelvic exams, Pap tests to screen for cervical cancer, screening/treatment of sexually transmitted diseases, breast exam with patient self breast exam education, screening for high blood pressure, anemia and diabetes, basic infertility screening, health and social service referrals. Sliding fees are based upon income and family size, and no-one is refused due to inability to pay.